

Welcome to Ron's Original Bar & Grille

We are celebrating our 35th Anniversary in Lionville!

Cleaner Food Healthier You

- We only use Omega 3 cultured oil, pure expeller pressed avocado oil or Award Winning EVOO (no seed oil) for our dinners, dressings, sauces, etc. as we transition to be a seed oil free restaurant.
- · We use imported Italian flour for its quality and lower gluten content as it is made from ancient grains rather than US hybridized wheat.
- We serve fresh natural local chicken and beef that is antiobiotic free with no added hormones.
- We choose deli meats without nitrates and preservatives when available.
- We use locally farmed organic eggs year round and use local organic produce when possible.
- · We make all of our sauces, salad dressings, soups and most appetizers in house in the interest of removing preservatives, MSG, trans fats, high fructose com syrup and artificial ingredients from all of our products.
- Our Modena dressing is made with the finest balsamic vinegar, imported from Modena, Italy, and award winning cold pressed EVOO.
- We read every label & know what's in our food.
- Our cheesesteaks are 100% Beef or Chicken · NO MARINADES! (Marinades often contain MSG)
- All of our desserts are house made without artificial Ingredients, trans fats or colors.



Please Don't Compare...

Ron's to other restaurants when it comes to quality offerings. We are not the same as pizza shops, chain restaurants or trendy gastropubs. In every instance, we exceed all of them in the quality of ingredients we use, with an emphasis on your health. Don't be fooled by fancy descriptions or "farm to table" monikers.

OUR FOOD IS REAL!

FOLLOWING A SPECIAL DIET?

Here's some assistance with navigating our menu

PALEO DIET

EAT THIS

- Seafood & Grass Fed Meats
- Fresh Vegetables & Fruits
- Eggs & Healthy Oils Seeds & Nuts

NOT THAT

- Cereal, Grains & Legumes
- · Dairy
- Potatoes
- Processed Foods
- Refined Oils & Sugars

TRY THIS

- Grilled Salmon
- Brussels Salad
- Frutti di Mare over Cauliflower

SSRD DIET

EAT THIS

- Meat and Fish
- Nuts, Seeds & Fiber Rich Grains
- Dairy Products (no added sugar)
- Nonstarchy Produce

NOT THAT

- Oat & Soy Milk
- Starchy Produce
- Refined Grains & Cereals
- Margarine
- Sugary Snacks & Drinks

TRY THIS

- Teriyaki Stir Fry
- Sea Salad
- Turkey Hoagie Bowl

KETO DIET

EAT THIS

- Meats & Fatty Fish
- Butter, Cream & Cheese Low Carb Vegetables
- Eggs & Healthy Oils

NOT THAT

- Sugary Foods & Alcohol
- Grains or Starches
- Fruit & Root Vegetable
- Beans & Legumes Root Vegetables

TRY THIS

- Riced Cauliflower Calabrese
- NY Strip Steak
- Grilled Salmon

Checkout our Daily and Lunch Specials on the Last 2 Pages!







Gluten Free Available



No Added Hormones or **Antibiotics**











CLASSIC **APPETIZERS**

Antipasto GFA serves two or more Italian meats, fresh mozzarella, sliced tomatoes, asiago cheese, pepperoncini, marinated artichokes, roasted tomato crostini, Mediterranean olives, organic mixed greens \$18 | add burrata \$3

Supersticks

fluffy pizza dough, four cheeses, special seasonings, side of ranch or pizza sauce \$12

Luna Di Formaggio 角 🕕

fried provolone cheese moons, marinara \$12

Homestyle Onion Rings texas petal sauce \$10.5

Broccoli Bites house made, honey mustard dip \$10.5

PEI Mussels or Steamed Clams GEA

with crusty roll

• White Wine, fresh garlic, shallots, basil

• Fra Diavolo, spicy marinara mussels \$15 | clams \$18.5 over fettuccine (no roll) add \$4

Roasted Peppers & Burrata

house roasted sweet peppers or long hots, roasted tomatoes, roasted artichokes, burrata, crusty roll \$14 add sharp provolone \$3

Calamari GFA

dusted, flash fried and served with a side of our sweet red sauce and caesar dressing \$14

Chicken Fingers & Fries HABF GFA

BBQ, Nashville hot or honey mustard dip \$13 gluten free \$15

Macho Nachos ()

non-GMO tortilla chips, red onion, tomatoes, jalapeños, black olives, colby jack, side sour cream & salsa, CHOICE of seasoned ground beef, grilled chicken or chicken chili \$16.5

Val's Nachos 🕒 🏠

non-GMO tortilla chips, colby jack, side sour cream & salsa, CHOICE of seasoned ground beef, grilled chicken or chicken chili \$15.5

Tommy Mac & Cheese homemade \$11 | with crabmeat \$18

Crab Dipgga NEW!

scratch made and served with our housemade non-GMO tortilla chips & soft piadina wedges \$16

WINGS

Boneless Wings HABF) GFA

half pound choice of sauce or dry rubbed with a side of dressing & celery \$12

Chicken Wings (FA) choice of sauce or dry rubbed with a side of dressing & celery 1 lb. **13 | 2 lb. 25 | 3 lb. 36**

Sauced: Buffalo, Carolina BBQ, Chipotle Cream or Nashville Hot

Dry Rubbed: Garlic Parmesan or Mesquite BBQ

RONS Fact In our dedicated Gluten-Free fryer we only use Pure Expeller Pressed Avocado Oil (no seed oil).



FAMOUS FRIES

available Gluten-Free upon request

Crinkle Cut Y

Sm. \$5.5 | Lg. \$7.5 *must try* roasted garlic dip add \$1.5

Old Bay Fries

Sm. \$6.5 | Lg. \$8.5

Sweet Potato (Fresh Cut)

honey ricotta dip Sm. \$5.5 | Lg. \$7.5

Cheez Whiz® add \$2 \

Victoria's (secret) Fries "secret" seasoning, uncured bacon, Cheez Whiz®, mozzarella, side of ranch \$13

Chesapeake Lump Crab Fries

old bay fries, alfredo, lump crab, mozzarella, scallions \$17

SMALL PLATES

Quesadilla HABF A GFA BEST SELLER

co-jack cheese, side sour cream & fresh salsa,

· chicken, uncured bacon, ranch \$13

seasoned beef & cheddar \$13

 black beans, diced red onion, tomatoes, corn, house-made chipotle mayo, side of ranch only \$14 Gluten Free add \$2

Seafood Oscar 🖫 🏠

lump crab, shrimp, cream sauce, fresh tomatoes, asparagus, brown rice \$17.5

Surf & Turf Scampi 🖫 🏠

shrimp, filet tips, scampi sauce, brown rice \$19

Burnt Ends GF

spicy filet mignon tips, jalapeños and caramelized onions over braised beans \$16.5

Eggplant Rollatini Y F

GF breading, ricotta, mozzarella, marinara \$10

Italian Sausage & Peppers GA

marinara, bell peppers, asiago, basil, garlic bread \$9 add burrata \$3

Meatballs & Marinara GEA

asiago, garlic bread \$9 | add burrata \$3

Shrimp & Grits

flash fried shrimp, polenta, brussels sprouts, pancetta, balsamic glaze \$16.5

Iceberg Wedge (F) BEST SELLER

tomatoes, hard-boiled egg, red onion, uncured bacon, homemade bleu cheese dressing \$12

Crab Cake Appetizer 🖫 🏠

grilled asparagus, tartar sauce MP

MP denotes Market Price











ITALIAN SPECIALTIES

All dinners include tomato garlic or crusty bread. All of our dinners are house made from scratch. Add soup, garden or Caesar salad for \$4 Add French Onion Soup for \$7. Some dinners may be garnished with parsley and cheese. Substitutions may be additional.

Blackened Alfredo HABE GFA D BEST SELLER

blackened protein, house roasted red peppers, campanelle pasta, house made alfredo sauce chicken \$22 | shrimp \$24 | salmon \$26

Crispy Pork & Polenta @

shredded pork, broccoli rabé, over roasted sweet pepper polenta \$21

Chicken Pesto Campanelle HABF GFA cherry tomatoes, red onions, campanelle pasta, pesto cream sauce \$21

Crab & Sausage Amatriciana GA

lump crab, sausage coins, pancetta, basil, calabrese peppers, San Marzano pomodoro, fettuccine \$29

Baked Parmigiana GFA BEST SELLER HABE

chicken \$22 | eggplant \$19 side of spaghetti marinara

Four Cheese Meat Lasagna

layered pasta, bolognese sauce, asiago, ricotta cheese, mozzarella, romano, marinara \$20

Jerry's Rigatoni Y

baked with roma tomatoes, blush sauce, mozzarella, asiago, aged cheese \$18

Frutti Di Mare GFA

mussels, clams, shrimp, salmon, red wine pomodoro sauce, spaghetti \$26

Short Rib alla Gricia GFA

fork tender braised beef short rib, homemade fettuccini, pancetta, pecorino romano, fresh ground black pepper \$27

Riced Cauliflower Calabrese NEWI 👂 6 riced cauliflower, spicy calabrese alfredo \$16 add blackened chicken \$7

Chicken Melanzane HABE

layered chicken breast, breaded eggplant, fresh mozzarella, blush sauce, polenta, zucchini medley \$22

Shrimp Scampi GEA

garlic, shallots, butter, white wine, spaghetti \$22

Spaghetti & Clams GEA

red or white, littlenecks, homemade clam sauce \$23

Chicken Caprese GFA HABF

pan seared chicken breast, pancetta, cherry tomatoes, basil, sherry beurre blanc, spaghetti, melted mozzarella \$28

Chicken Sicilian F F BEST SELLER HABE

mushrooms, onions, capers, cherry tomatoes, calabrese peppers, Mediterranean olives, side of garlic mashed potatoes \$23

Chicken Piccata GFA HABF

white wine, lemon butter sauce, capers, garlic, capellini, zucchini medley \$23

Seafood Alfredo GEA

crabmeat, shrimp, salmon, homemade Alfredo sauce, sweet peas, fettuccine \$28

> Ron's Fact We use BPA free register tape for the health of our customers & employees.

PASTA ORIGINALE

Includes tomato garlic or crusty bread. Garnished with parsley and cheese. Add a bowl of soup, garden or Caesar salad \$4 French Onion Soup \$7

Choose your BASE \$12.5

- Capellini
- Homemade Fettuccine
- Homemade Spaghetti
- Homemade Campanelle (similar to penne)
- Riced Cauliflower Add \$1 F NEW
- Cheese Ravioli Add \$3
- Gluten-Free Pasta Add \$3

Top it with a SAUCE

- Marinara
- Aglio Olio
- San Marzano Pomodoro Add \$2
- Vodka Blush Add \$3
- Pesto Add \$3
- Alfredo Add \$4
- Pesto Cream Add \$4
- Spicy Calabrese Alfredo Add \$4
- Bolognese Add \$5

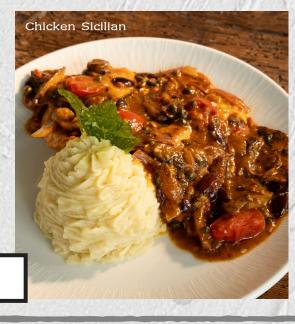
Spruce it up with VEGGIES

- Tomatoes Add \$2
- Red Onions Add \$2
- Sweet Peas Add \$2
- Mushrooms Add \$2 Broccoli Add \$2
- Asparagus Add \$3
- Spinach Add \$3
- Broccoli Rabe Add \$3

Finish it off with a PROTEIN

- Burrata Add \$3Pancetta Add \$4
- Italian Sausage Coins Add \$4
 Homemade Meatballs Add \$5
- Chicken Breast Medallions Add \$5
 Fresh Salmon Medallions Add \$6
- Jumbo Shrimp Add \$7
- Lump Crab Add \$7
- Filet Tips Add \$7





Please Note: Items with this symbol pare spicy. If you do not want them spicy, please ask if available! *consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness





Gluten Free Available

HABF

No Added Nitrites or **Nitrates**









CLASSIC DINNERS

All dinners include tomato garlic or crusty bread. All of our dinners are house made from scratch. Add soup, garden or Caesar salad for \$4 Add French Onion Soup for \$7. Some dinners may be garnished with parsley and cheese. Substitutions may be additional.

Roast Turkey & BEST SELLER

house roasted turkey breast, garlic mashed potatoes, gravy, candied carrots, house made cranberry sauce \$19.5

Short Rib Pot Roast NEW! A BEST SELLER (F) fork tender braised beef short rib, root vegetables, fresh herbs \$24

Black Angus Italian Meatloaf @

garlic mashed potatoes, candied carrots, dollop of marinara \$19

Grilled Salmon * 🐠

hand-cut salmon steak, citrus dill sauce, brown rice, steamed broccoli \$24 Oscar style with lump crab add \$7

Chicken Cutlet GFA HABE

Italian house breading, brown gravy, sweet peas, garlic mashed potatoes \$20

Ron's Ribs

fall-off-the-bone St. Louis style ribs, house made mac & cheese, braised beans \$26

Teriyaki Stir Fry HABF GF

choice of protein, carrots, broccoli, red bell peppers, pineapple, brown rice chicken \$19 | shrimp \$23 | filet tips \$25

Jumbo Lump Crab Cakes 🖲

broiled, brown rice, zucchini medley, side of tartar or cocktail sauce \$24

Aunt Sally's Homemade Pot Pie A HABE tender chicken, peas, carrots, puff pastry \$17.5

Marsala NEW! GF

choice of boneless pork chop or chicken breast medallions pan seared with mushroom marsala sauce, riced cauliflower, asparagus \$23

La Verdura Dinner NEW GF

a medley of three items of your choice from our Veggies & Starch section \$17

VEGGIES & STARCH

A La Carte

- Roasted Corn \$5
- Sweet Peas \$5
- Riced Cauliflower \$6 •
- Brussels Sprouts \$8
- Candied Carrots \$6
- Steamed Broccoli \$6 Brown Rice \$5
- Zucchini Medley \$6
- Fire-Grilled Asparagus \$7
 Garlic Mashed Potatoes \$7 • Roasted Sweet Potatoes \$7
- Polenta \$7
- Broccoli Rabé \$9 • Braised Beans \$6

FIRE GRILLED STEAKS

All of our certified Angus, hormone/antiobiotic free steaks are accompanied by a choice of two sides from our vegetables & starches section. Add soup, garden or Caesar salad for \$4 Add French Onion Soup for \$7.

Filet Mignon 🚱

8oz handcut, red wine demi glaçe MP

Center Cut NY Strip Steak @

Add A Topping Black Jack

black pepper crust whiskey demi sauce \$2

with lump crab meat add \$7



EXTRA PROTEINS

with a dinner | as a side

- Jumbo Shrimp \$8|\$10
 Crab Cake MP
 Salmon Steak \$13|\$15
 Meatballs \$6|\$7
 Italian Sausage \$6|\$7
 Chicken Breast \$7|\$8



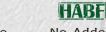
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Free



Available



No Added Hormones or Antibiotics











The Original "Flatbread" - Celebrating 34 Years of Ovals! We take an oval pizza dough, add toppings and cheeses, add special seasoning and bake! Gluten-Free Crust add \$4

Sausage & Pepperoncini

Italian sausage, pepperoncini, garlic, caramelized onions, mozzarella \$12

Ham & Cheese GFA

imported ham, honey mustard, Cooper Sharp American, mozzarella cheese \$11.5

Red, White & Bleu GFA

chicken steak, pepperoni, tomato, bleu cheese, mozzarella cheese \$12

Cha Cha Chicken 👂 GFA

char-grilled chicken breast, jalapeños, ranch, black olives, mozzarella cheese, cheddar \$12

Buffalo Chicken D GFA BEST SELLER

chicken steak, bleu cheese, Buffalo sauce, mozzarella cheese \$12.5

Chicken BBQ GFA

chicken steak, BBQ sauce, Cooper Sharp American cheese, mozzarella cheese \$12

Four Cheese GFA

mozzarella, provolone, asiago, cheddar \$11.5

Cheesesteak GFA BEST SELLER

Cooper Sharp American, mozzarella cheese beef \$13 | chicken \$12

Sorrento GFA Sam's

spinach, tomatoes, roasted sweet peppers, cheddar, mozzarella cheese \$12

grilled chicken, uncured bacon, ranch dressing, mozzarella cheese \$13

PIZZA & OVAL TOPPINGS

Available on any pizza or oval

- Extra Cheese
- Roasted Sweet Peppers (x2) Roasted Garlic
- Bell Peppers Jalapeños
- Pepperoncini
- Broccoli Spinach
- Mushrooms
- Black Olives
- Mediterranean Olives
- Pineapple

- Onions
- Fresh Basil
- Breaded Eggplant
- Anchovies
- Pepperoni
- Sausage
- Italian SausageMeatballs (x2)
- Steak (x2)Grilled Chicken (x2)

Each Extra Topping

10" pizza or oval \$1.5 | 12" \$2 | 16" \$3

Slice \$1

Ron's Fact

- 1) We use imported Italian flour for its quality and lower gluten content. It is made from ancient grains rather than US hybridized wheat.
- 2) We handwash all of the fruits in our drinks for your health and safety.

Veggie GFA

mozzarella, provolone, asiago, broccoli, mushrooms, tomato \$12

No Holds Barred GEA 🚭 🌶

bacon, pepperoni, steak, cheddar, mozzarella \$13.5

Potato & Bacon GFA

potatoes, uncured bacon, ranch, cheddar, mozzarella \$12

Meatball GFA

homemade meatballs, sauce, mozzarella \$12

pepperoni, Genoa salami, pepper ham, provolone, mozzarella **\$12**

White Garlic

mozzarella, provolone, garlic, seasonings \$11.5

Roma Oval GFA

provolone, roasted tomato, artichoke, spinach, caramelized onions, fresh mozzarella, fresh basil \$12.5

Chicken & Broccoli NEW GFA

grilled chicken, caramelized onions, diced tomatoes, broccoli, mozzarella, provolone, ranch dressing \$13

Carciofo 1

marinated artichokes, Mediterranean olives, garlic, pepperoncini, potatoes, basil, fresh mozzarella \$12.5

Veggie Italian GFA

bell peppers, black olives, tomatoes, pizza sauce, asiago, mozzarella \$12

Chicken Mediterranean GEA

chicken steak, broccoli, Mediterranean olives, mozzarella, provolone \$12

Chicken Pesto GFA

mozzarella, grilled chicken, provolone, pesto \$13

Iltimate GFA 🐠

steak, pepperoni, uncured bacon, tomato, roasted sweet peppers, broccoli, mozzarella, cheddar \$15







Gluten Free Available

HABF No Added Hormones or Antibiotics











STROMBOLI

Cheesesteak BEST SELLER

Cooper Sharp American, mozzarella chicken Sm. \$15 | Lg. \$20 beef Sm. \$16 | Lg. \$21

BBQ Steak

BBQ sauce, Cooper Sharp American, mozzarella chicken Sm. \$15 | Lg. \$20 beef Sm. \$16 | Lg. \$21

Pepperoni & Cheese

pepperoni, provolone, mozzarella Sm. **\$14** | Lg. **\$19**

Buffalo Chicken

chicken steak, Buffalo sauce, mozzarella Sm. \$15 | Lg. \$20

Hom & Change (with

Ham & Cheese
natural uncured ham, Cooper Sharp American,

mozzarella Sm. \$14 | Lg. \$19

Reuben HABF

swiss, sauerkraut, Russian dressing turkey Sm. \$15 | Lg. \$20 corned beef Sm. \$18 | Lg. \$23

No Holds Barred

steak, uncured bacon, pepperoni, mozzarella chicken Sm. $$15 \mid Lg. 20 beef Sm. $$16 \mid Lg. 21

Italian 🌶 BEST SELLER

ham, Genoa salami, capicola, pepper ham, pepperoni, provolone, mozzarella, pizza sauce Sm. \$14 | Lg. \$19

Vegetable

broccoli, mushrooms, bell peppers, sweet peppers, onions, diced tomatoes, mozzarella Sm. $1 \ Lg. 18$

Pizza V

sauce, mozzarella, provolone Sm. \$12.5 | Lg. \$17.5

Looking for extra or additional toppings?

please see the previous page

RON'S FACT Ron reads ALL the labels, and we know what's in our food. If an item doesn't meet our level of integrity, then it is not used and returned.

PIZZA & SPECIALTY PIZZA

Also Available in "Thin Crust" 10", 12" or 16"
Gluten-Free Crust 10" or 12" - add \$4

Plain Cheese GFA

pizza sauce, mozzarella cheese 10" \$10 | 12" \$12 | 16" \$16.5 | slice \$3.5

Boardwalk V GEA

cheddar, mozzarella, pizza sauce on top 10" \$10.5 | 12" \$12.5 | 16" \$17.5

Chicken BBQ GFA

chicken steak, BBQ sauce, cooper sharp, mozzarella

10" \$11.5 | 12" \$13.5 | 16" \$19

Buffalo Chicken J GFA

chicken steak, Buffalo sauce, bleu cheese, mozzarella

10" \$11.5 | 12" \$13.5 | 16" \$19

Vegetable V GFA

mozzarella, broccoli, mushrooms, bell peppers, onions, tomatoes
10" \$11.5 | 12" \$13.5 | 16" \$19

Italiano 🜶 GFA

provolone, Genoa salami, ham, pepper ham, pepperoni, pizza sauce, mozzarella 10" \$12.5 | 12" \$14.5 | 16" \$20

Double Pepperoni 🌶 🖼

mozzarella, pepperoni x2, sauce 10" \$12.5 | 12" \$14.5 | 16" \$20

Chicken Bianco NEW!

roasted garlic, grilled chicken, fresh mozzarella, basil 10" \$13.5 | 12" \$15.5 | 16" \$21

White

mozzarella, provolone, garlic, seasonings 10" \$10.5 | 12" \$12.5 | 16" \$17.5

Margherita Y GFA

tomatoes, fresh mozzarella, asiago, fresh basil 10" \$12.5 | 12" \$14.5 | 16" \$20

Special GFA

pepperoni, mushrooms, sausage, meatballs, bell peppers, onions, mozzarella 10" \$13.5 | 12" \$15.5 | 16" \$21

Pickle GFA NEW!

garlic aioli, provolone, mozzarella 10" \$11.5 | 12" \$13.5 | 16" \$19

Carnivore NEW GFA

pepperoni, imported ham, crumbled sausage, uncured bacon, caramelized onions 10" \$13.5 | 12" \$15.5 | 16" \$21





Gluten

Free









STEAK SANDWICHES

100% BEEF or CHICKEN. No marinade, Fillers or MSG! Protein Platter includes salad no bread or fries. Gluten Free long roll add \$4

Chicken

- hoagie or toasted seeded roll \$13 w/ cheese \$13.5
- wrap w/ fries \$13 with cheese \$13.5
- protein platter \$15 with cheese \$15.5

- hoagie or toasted seeded roll \$14 with cheese \$14.5
- wrap w/ fries \$14 with cheese \$14.5
- protein platter \$16 with cheese \$16.5

SPECIALTY STEAKS

Chicken

- hoagie or toasted seeded roll \$15
- wrap w/ fries \$15
- protein platter \$17

- hoagie or toasted seeded roll \$16
- wrap w/ fries \$16
- protein platter \$18

Ron's Choice NEWL

provolone, lettuce, tomato, mayo

Taylor NEW!

"Taylor" pork roll, Cooper Sharp American

No Holds Barred

pepperoni, uncured bacon, Cooper Sharp American

BLT (MENTES)

uncured bacon, lettuce, tomato, mayo, Cooper Sharp American

Buffalo

provolone, Buffalo sauce

pizza sauce, sharp provolone

Cheesesteak Hoagie

lettuce, tomato, oil, seasonings, Cooper Sharp American

Italiano

mushrooms, garlic aioli, bell peppers, provolone

caramelized jalapeños & onions, pepperoncini, pepperoni, provolone

Dangerous Dan BEST SELLER

Carolina BBQ sauce, caramelized jalapeños & onions, coleslaw, Cooper Sharp American

STEAK & SANDWICH EXTRAS

Extra protein priced accordingly

- Raw Onions
- Caramelized Onion Pizza Sauce
- Lettuce \$1.5
- Tomatoes \$1.5
- Cheese \$1.5
- Bell Pepper \$1.5
- Pepperoni \$1.5
- Pickles \$1.5
- Sweet Peppers \$1.5
- Hot Peppers \$1.5
- Roasted Peppers \$3 (sweet or long hot) Broccoli \$1.5
- Mushrooms \$1.5
- Uncured Bacon \$3

HOT SPECIALTIES

On a toasted hoagie or seeded roll Protein Platter includes salad no bread or fries add \$2 Gluten Free long roll add \$4

Chicken & Garlic HABE

breaded chicken cutlet, seasonings, provolone \$13

Hot Ham & Cheese HABE D GEA

natural ham, swiss, pineapple, chipotle mayo \$14

Pepper & Eggs Y A GEA

sauteed tri-color bell peppers \$11 add uncured bacon or Italian sausage \$3

Potato & Eggs V GFA

diced potatoes, roasted garlic \$11 add uncured bacon or Italian sausage \$3

Chicken Parmesan GFA HABF

breaded chicken cutlet, marinara, provolone \$13.5

Eggplant Italiano GFA BEST SELLER

breaded eggplant, artichokes, roasted sweet peppers, garlic aioli, sharp provolone, fresh mozzarella, fresh basil \$14

Eggplant Parmesan V GFA

grilled or breaded with marinara & provolone \$12

Hot Italian 👂 GFA

garlic oil or Calabrese spread, pepper ham, genoa salami, melted sharp provolone, capicola \$15 Add lettuce, tomato, onion? No Charge

Chicken South Philly HABE

breaded chicken cutlet, broccoli rabé, sharp provolone, seasonings \$16

Homemade Meatball GFA 🏠

marinara, melted provolone \$13

Italian Sausage - Ron's Recipe GFA

bell peppers, onions \$13 protein platter \$15

broccoli rabe, sharp provolone \$15 protein platter \$17 Add Marinara? No Charge



KONS FACT We use Simply Heinz Ketchup. This simple tomato ketchup is free of high-fructose corn syrup, while still full of home-grown Heinz taste.



Free



Gluten Free Available

HABF No Added Hormones or

Antibiotics

No Added Nitrites or **Nitrates**







PIADINI

"Italian Pita" served with homemade potato salad.

chicken, fontina, red onion, roasted sweet peppers, organic mixed greens, pesto mayo \$15

Caprese Y

tomatoes, fresh mozzarella, fresh basil, organic mixed greens, Modena dressing \$14

capicola, turkey, provolone, feta, roasted sweet peppers, tomatoes, roasted garlic spread \$14

TunaCarciofo 🌶 🧌

white tuna salad, artichokes, red onion, roasted tomatoes, garlic spread, pepperoncini, provolone \$13.5

turkey, savorý mayo, house-made cranberry sauce, fontina cheese, caramelized onions \$13.5

Eggplant Y 🏠

breaded eggplant, fresh mozzarella, roasted tomatoes, organic mixed greens, basil, Modena dressing \$13.5

Guido NEW!

prosciutto, soppressata, sharp provolone, olive condite, calabrese spread, sliced tomato, red onions \$14

BURGERS & CHICKEN GA

*Fresh Ground No Added Hormones/Antibiotic Free Angus Burger, Chicken Cutlet or Char-Grilled Chicken Breast Available on a toasted brioche bun with fries or as a Protein Platter (with salad, NO BREAD or FRIES).

GF Bun add \$4. All include lettuce, tomatoes and red onion unless otherwise noted. SUBSTITUTIONS MAY BE ADDITIONAL.

Charlie's "Special"

pickle chips, cheddar, relish, ketchup \$15.5 protein platter \$17.5

Boss Burger BEST SELLER gorgonzola, uncured bacon, coleslaw, caramelized peppers & onions, Carolina BBQ, no LTO \$16.5 protein platter \$18.5

Ponderosa uncured bacon, Wisconsin cheddar, onion rings, Carolina BBQ, ranch dressing \$17.5 protein platter \$19.5

Pueblo

jalapeños, Co-Jack, chipotle mayo \$15.5 protein platter \$17.5

Just Cheese

provolone, cooper sharp, swiss or cheddar \$14.5 protein platter \$16.5

Bacon Cheddar uncured bacon, Wisconsin cheddar \$16.5 protein platter \$18.5

Kennett Swiss

double mushrooms, swiss cheese \$15.5 protein platter \$17.5

Nashville Hot Chicken 🌶

chicken cutlet, cheddar cheese, Nashville hot sauce, pickles, ranch dressing, no LTO \$15.5 protein platter \$17.5

Tex-Mex Bean Burger

black beans, quinoa, jalapeño, chipotle mayo \$13.5 protein platter \$15.5

GRILLED ... SANDWICHES

Choice of chips or fries. Gluten-Free bread add \$3

Pork Roll Sandwich 🖭

toasted brioche bun, "Taylor" pork roll, Cooper Sharp American cheese, side of fries \$13 add a fried egg \$1.5

Turkey Melt

apple, chipotle mayo, fontina, sourdough \$12

Tuna or Crab Melt

swiss cheese, rye bread Tuna \$13 | Crab Imperial MP

Caprese Melt

fresh mozzarella, fontina cheese, tomatoes, pesto, sourdough \$13

Appalachian Melt (BEST SELLER

natural ham, uncured bacon, honey mustard, swiss cheese, coleslaw, sourdough \$15

Grilled Cheese

organic sprouted white bread \$10 add ham or bacon \$3

Grilled Reuben BEST SELLER

sauerkraut, russian dressing, swiss cheese, rye Turkey \$13 | Corned Beef \$16



SLOW ROASTED BEEF OR PORK

Slow-roasted at Ron's every night! Sliced tender and lean! On a kaiser roll w/ fries, or a hoagie or toasted seeded roll (no fries) or protein platter (salad, NO BREAD or FRIES). GF roll add \$4

Americano

Cooper Sharp American, horseradish sauce

Beef kaiser with fries \$16

long roll \$16.5 protein platter \$18

Pork kaiser with fries \$12 long roll \$12.5 protein platter \$14

Italiano

provolone, roasted peppers

Beef

kaiser with fries \$16.5 long roll \$17 protein platter \$18.5

Pork kaiser with fries \$12 long roll \$12.5 protein platter \$14

South Philly

sharp provolone, broccoli rabé

kaiser with fries \$17 long roll \$17.5 protein platter \$19

Pork kaiser with fries \$13 long roll \$13.5 protein platter \$15

Uncle Mickey

Wisconsin cheddar, caramelized onions Beef Pork

kaiser with fries \$16 long roll \$16.5 protein platter \$18

kaiser with fries \$12 long roll \$12.5 protein platter \$14

Carolina Pork BBQ🏠

pulled pork, Carolina BBQ, pickles, side coleslaw brioche bun only \$14 protein platter \$16





Antibiotics













HOAGIES & BOWLS

Available on toasted hoagie or seeded roll (no chips), a rap w/ chips or bowl (organic greens & modena dressing) All hoagies have lettuce, tomato, onions, oil & seasonings unless otherwise noted. GF roll add \$4

9th Street Special NEW

sharp provolone, soppressata, mortadella, pepper ham, dry aged capicola, Mediterranean olives, homemade garlic aioli \$16 hoagie bowl \$18

Calabrese 🕨

soppressata, capicola, coteghino, imported ham, roasted tomatoes, marinated artichokes, provolone, calabrese pepper spread, no lettuce \$16 hoagie bowl \$18

Italian BEST SELLER

provolone, Genoa salami, pepper ham, imported ham \$14 hoagie bowl \$16

Italian Deluxe NEW

provolone, Genoa salami, soppressata, coteghino, pepper ham, roasted tomatoes \$16 hoagie bowl \$18

soppressata, imported ham, proscuitto, sliced tomatoes, fresh mozzarella, roasted sweet peppers (no lettuce or onion) \$15 hoagie bowl \$17

Westbrook Lunch

coteghino, imported ham, Cooper sharp American \$12.5 hoagie bowl \$14.5

Sicilian BEST SELLER

gutted roll, sharp provolone, soppressata, pepper ham, prosciutto, capicola, roasted long hots, \$17 hoagie bowl \$19

The Natural

natural uncured smoked ham, fontina, chipotle mayo, pepperoncini \$14 hoagie bowl \$16

uncured bacon, lettuce, tomatoes \$12.5 hoagie bowl \$14.5

Ham & Cheese

all natural smoked ham, choice of cheese \$14 hoagie bowl \$16

White Tuna Salad 🎓

house made daily \$13 hoagie bowl \$15

Veggie Hoagie 🌱

bell pepper, carrot, cucumber, red cabbage, onion, Mediterranean olives, tomato, honey dijon \$12.5 hoagie bowl \$14.5

Roast Beef HABF

lean and tender, store roasted \$16 hoagie bowl \$18

Turkey Breast BEST SELLER

store roasted \$13 hoagie bowl \$15

Chicken Salad A HABE

all white meat, housemade \$14.5 hoagie bowl \$16.5

Add uncured bacon to any hoagie \$3

Travel Hoagles (require 1-hour notice) add \$1.5 Turn any one of our delicious hoagies into a Grinder add \$2

RONS FACT We choose uncured deli meats without nitrates and preservatives when available. Additionally, most of our deli meats are "chipped" to enhance flavor.

COLD SANDWICHES

Choice of organic sprouted white, wheat, soft rye, sourdough, kaiser, or wrap. Served with homemade potato salad or homemade chips, lettuce and tomato unless otherwise noted. Gluten-Free toast or wrap add \$3

CUSTOMER FAVORITE

Blackened Chicken Caesar Wrap

blackened chicken breast, housemade caesar dressing, romaine, asiago cheese, wrapped and served with our housemade potato chips \$14

Dagwood

corned beef, roast beef, Swiss, horseradish sauce, Russian dressing, coleslaw, pickles, rye, no lettuce or tomato \$17

Ham & Cheese 🐠

natural uncured smoked ham, choice of cheese \$12

Roast Beef HABF

store roasted \$13

Turkey Breast store roasted \$12

White Tuna Salad 🗎

house made \$12

Chicken Salad A HABE

all white meat, house made \$12

Chicken BLT HABF

breaded chicken, uncured bacon, mayo, kaiser \$15

Corned Beef Special BEST SELLER

lean corned beef, coleslaw, Russian dressing, soft rye, no lettuce or tomato \$15.5 | turkey \$13

uncured bacon, lettuce, tomato, mayo \$12

CLUB SANDWICHES

lettuce, tomato, uncured bacon, chips, choice of toasted white, wheat, sourdough or rye bread

Triple Decker Club

turkey, ham or tuna \$16 roast beef or chicken salad \$17

Salmon Club

salmon medallions, lettuce, tomato, boursin cheese, uncured bacon, toasted sourdough \$16.5









Gluten Free Available

HABF No Added Hormones or

Antibiotics

No Added Nitrites or **Nitrates**







SALADS

Add grilled chicken, tuna salad or chicken salad \$6 Add blackened chicken or chicken cutlet \$7.5. Add grilled shrimp or salmon medallions \$8 Add *salmon steak \$11. Served with your choice of dressing.

Alicia's Salad Y GF BEST SELLER

organic mixed greens, apples, toasted walnuts, red onions, tomatoes, gorgonzola \$14

Garden Salad 🖼 Y

iceberg mix, tomatoes, red cabbage, carrots, cucumbers, red onions, croutons \$11

Quinoa SaladY ∰ 🏠

organic greens, quinoa, cucumber, carrots, scallions, walnuts, house roasted peppers, feta, tomato \$14

Blackened Chicken Salad HABF GFA

organic mixed greens, white corn, tomato, bell peppers, walnuts, Colby Jack, garlic toast \$19

Caesar Salad GFA Y

romaine, Caesar, asiago, homemade croutons \$11

Greek Salad GFA V

iceberg mix, red onions, tomatoes, Mediterranean olives, bell peppers, cucumbers, feta, garlic toast \$14

Cobb Salad @

organic mixed greens, gorgonzola, turkey, uncured bacon, hard-boiled egg, Mediterranean olives, tomatoes, red onions \$17

Salad Platter HABF GF

iceberg mix, tomatoes, hard-boiled egg, olives, bell peppers, pickles, coleslaw, choice of grilled chicken, tuna salad, chicken salad or chef's cold cuts \$16

Sea Salad GFA

salmon medallions, grilled shrimp, organic mixed greens, tomatoes, red onions, mediterranean olives, lemon wedge, honey dijon vinaigrette, garlic toast \$19

Taco Salad BEST SELLER

shredded lettuce, tortilla chips, red onions, ranch, tomatoes, jalapeños, black olives, co-jack, side salsa, sour cream, CHOICE of seasoned beef, grilled chicken, Tex-Mex Bean Burger or chicken chili \$17

Crispy Chicken Salad HABF GFA

organic mixed greens, tomatoes, cucumbers, carrots, chicken cutlet, croutons \$17

iceberg Wedge F NEW tomatoes, hard-boiled egg, red onion, uncured bacon, homemade bleu cheese dressing \$13

Brussels Salad GFA

organic mixed greens, flash fried brussels sprouts, walnuts, carrots, uncured bacon, asiago, modena dressing \$16

HOMEMADE DRESSINGS

No MSG or Preservatives! (F)

Modena, Balsamic Italian, Low-Fat Honey Dijon Vinaigrette, Roasted Garlic (dairy free), Ranch, Russian, Parmesan Pepper, Bleu Cheese, Honey Mustard, Greek, Caesar, Berry Vinaigrette

> side extra dressing add \$1.5 All dressings also available in take home half pints!

(except Modena dressing)

Ron's Fact All of our salad dressings are seed oil free and made in house. Our Modena dressing is made with the finest balsamic vinegar, imported from Modena, Italy, combined with award winning cold pressed extra virgin olive oil.



SOUPS & SIDES

All of our soups are made from fresh meats, spices and fresh vegetables from scratch in our kitchen. Nothing Prepackaged! NO ARTIFICIAL BASES!

French Onion Soup GAA

topped with melted fontina & swiss \$8

Chicken Chili Bowl @ 1

non-GMO tortilla chips, melted colby jack \$9 over brown rice, melted colby jack \$10

Soup(s) of the Day

always made from scratch \$5 premium soups \$7

Side Salad Y

Caesar \$6 | garden \$6 | Greek \$7

Potato Salad Y G

homemade \$6

Colesiaw AY G homemade \$6

> Ron's Fact We use locally farmed organic eggs year round & use local organic produce whenever possible.

Please Note: Items with this symbol 🌶 are spicy. If you do not want them spicy, please ask if available! consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness



Gluten

Free



Gluten Free Available



No Added Hormones or **Antibiotics**











Available Mon thru Fri 11am-3pm

Anv Oval

additional toppings extra \$10.99

Blackened Chicken Ceasar Wrap

romaine, asiago, Caesar, side of chips \$11.49

Chicken BLT Wrap breaded chicken, uncured bacon, lettuce, tomato, mayo, chips \$12.49

Chicken Salad Wrap

lettuce, tomatoes, chips \$10.99

Tuna Salad Wrap

lettuce, tomatoes, chips \$10.49

Grilled Reuben GFA

swiss, sauerkraut, Russian, chips turkey \$11.49 | corned beef \$13.99

Soup & Sandwich

cup of soup, half sandwich of ham & cheese, turkey or tuna salad, lettuce, tomatoes, chips, pickle \$10.49French onion add \$3

BONUS BUCKHABE

Served with chips or fries

- Chicken Breast on Brioche \$11.49
- 1/2 lb. Angus Beef Burger \$12.49
- Any Standard Piadina \$12.49

Steak Sandwiches

on a hoagie or toasted seeded roll cheesesteaks or plain steaks chicken \$11.49 | beef \$12.99 specialty steaks chicken \$12.49 | beef \$13.99

Chicken Caesar, Taco, Quinoa, Crispy Chicken or Salad Platter \$13.49

Hot Specialties

on a toasted hoagie or seeded roll \$11.99

- Meatball Provolone
- Eggplant Parmesan • Sausage & Peppers
- Chicken Parmesan
- Chicken & Garlic
- · Chicken South Philly

French Fries GFA Y

small, crinkle cut \$4.99

Any Cold Hoagie \$2.00 off

Pizza

• Pizza Slice \$3.49 • 10" Plain Pizza \$8.49 • 10" Veggie Pizza \$9.49 • 10" White Pizza

Chicken Fingers HABE

fries, honey mustard or BBQ \$11.49

Chicken Chili Bowl is 🌶

tortilla chips, colby jack \$8.99

KIDS MENU

Includes a small soda, milk or juice and a scoop of ice cream. (dine-in only)
For children 12 and under. Limit 2 Kiddie items per adult. Not available as an adult meal.

Chicken Fingers A HABF GEA

choice of one side \$9.99

Macaroni & Cheese 🏲

house made \$7.99

Pizza Slice

made fresh \$7.99

Cheeseburger

choice of one side \$10.99

Hot Dog

choice of one side \$9.99

Pasta & Meatball

choice of marinara, plain or butter

- spaghetti or campanelle pasta \$10.99
- ravioli or GF pasta \$12.99

Grilled Cheese

choice of one side \$9.99

Meatball Sandwich

house made \$10.99

KIDS SIDES

- Potato ChipsMac & CheeseApple SlicesSteamed Broccoli
- French Fries
 Mashed Potatoes



Ron's Fact We serve hormone and antibiotic free Fresh Natural Local Chicken, antibiotic free/no added hormones Burgers, hand cut Filet Mignon and Roast Beef.





Gluten Free Available

HABF No Added









WEEK NIGHT VALUE MENU

Served Sunday thru Thursday 4:00pm-9:00pm. All dinners include tomato garlic or crusty bread. Add a bowl of soup, garden or Caesar salad for \$4 Add French Onion Soup for \$7 Substitutions may be additional.

Chicken Pesto Campanelle

cherry tomatoes, red onions, campanelle pasta, pesto cream sauce \$18.99

Fettuccine Alfredogra

homemade fettuccine tossed with our creamy asiago Alfredo sauce \$14.49

Jerry's Rigatoni√

Roma tomatoes, blush sauce, mozzarella, asiago, aged cheese \$16.99

Eggplant Parmigiana V GFA 🏠

marinara, asiago, melted mozzarella, side of spaghetti marinara \$16.99

Chicken Parmigiana HABF GFA 🏲 BEST SELLER

Our Best Seller!! marinara, asiago, mozzarella, side of spaghetti marinara \$19.99

Chicken Teriyaki Stir Fry HABE

chicken, carrots, broccoli, red bell peppers, pineapple, brown rice \$16.99

Roast Turkey F

garlic mashed potatoes, gravy, candied carrots, house made cranberry sauce \$17.49

Shrimp Scampi GEA

chopped garlic, shallots, butter, white wine, spaghetti \$19.99

Four Cheese Meat Lasagna

layered pasta, bolognese sauce, ricotta cheese, mozzarella, asiago, romano, marinara \$17.99

Crispy Pork & Polenta F shredded pork, broccoli rabé, over roasted sweet pepper polenta \$18.99

BEVERAGES

Fountain Sodas

cola*, Diet Coke, lemon-lime*, root beer, ginger ale, vanilla cream*, iced teas* (free refills) \$2.95 *made with real sugar, NO HFCS!*

Fruit Juices

lemonade, apple juice \$2.95

(for kids only - 12oz) regular or chocolate \$2.95

Gourmet Shakes

Coffee, Nutella®, Salted Caramel \$6.5 Chocolate, Vanilla, B&W \$6

Imported Italian Water

natural or frizzante \$3

Hot Beverages

- espresso \$3.5
- · cappuccino \$4
- double espresso \$4.5
- double cappuccino \$5
- coffee or hot chocolate \$2.5

Hot Tea

black, green, decaf and assorted herbal & specialty teas (no refills) \$2.5

Bottled Beverages

assorted sodas, iced teas and juices are available



DAILY DEALS

available after 4pm unless otherwise noted

SUNDAY

Sunday Dinner

available all day

Salmon Primavera - salmon medallions, house-made white wine lemon sauce, seasonal vegetables, fettuccine \$19.99

Sunday Gravy - meatball, Italian sausage, shredded pork, hearty red sauce, dollop ricotta over homemade spaghetti \$18.99

MONDAY

Pizza Monday

Large Plain Pizza \$10.99

TUESDAY **BOGO Ovals**

buy one oval, and get a 2nd one of equal or lesser value half off

WEDNESDAY

BOGO Pasta Originale

purchase one Pasta Originale dish, and get a 2nd one of equal or lesser value half off

THURSDAY

BOGO Hoagies

buy one hoagie, and get a 2nd one of equal or lesser value half off (cold hoagies only)









Hormones or

Antibiotics

No Added Nitrites or **Nitrates**







